

WHO ARE SAILCORK?



Principal Eddie English - Qualified schoolteacher, teaching sailing and watersports for over 40 years.



SailCork - one of Ireland's leading and longest established sailing and watersports schools. Team of experienced, friendly instructors. Professional office staff to help you with your booking. Groundbreakers in training of younger children (from 4 years of age) Approved by the Irish Sailing Association. Approved by Fáilte Ireland.



WHERE ARE SAILCORK?

LOCATION:

East Ferry Marina - 5k from Cobh, Co. Cork
Just 10k from N25 (Fota and Cobh turnoff)
Safe, sheltered waters afloat at East Ferry.
Picturesque, rural setting.

FACILITIES:

Toilets, changing rooms, classroom, slipway, marina, car/bus park, Marlogue Inn Bar and Restaurant, Marlogue Woods.

DETAILS OF DIRECTIONS:

www.sailcork.com/index.php/location

SailCork, East Ferry, Cobh, Co. Cork
Tel: 021 4811237 Email: info@sailcork.com
www.sailcork.com



Fun Multi-Activity Days for 4-12 yr olds

*Enjoy learning ashore and afloat
in total safety at this beautiful, sheltered location.*

*Fun activities with teamwork and
co operation - no prior skill required.*

*A great day out for building team spirit and
creating friendships.*

*Activities are all linked to school curriculum
in an enjoyable, informative way.*



BOOKINGS

Please call us on **021 4811237**. Deposit of €250 due within 5 days of phone booking. Balance due 2 weeks in advance of your day at SailCork who must plan for instructors and equipment to ensure total safety and a great day for you.

Team leaders, teachers, coaches etc. are welcome to take part in the activities **FREE** of charge but are not obliged to do so.

Free welcome cup of tea/coffee for teachers/leaders/drivers on arrival at SailCork.

For terms and conditions and full details go to:

www.sailcork.com

Alternatively contact our
Junior Group Co-ordinator Jo English
at SailCork any time on 021 4811237



sailcork.com



at EAST FERRY MARINA, COBH

**Primary SCHOOLS &
JUNIOR GROUPS**

*"Safe, enjoyable
tuition afloat
and ashore".*



Activities ashore and afloat - ages 4-12
Groups up to 120 - Min 20

ACTIVITIES



TASTE OF SAILING

Be an active crew member, enjoy team spirit and learn about sailing from your instructor aboard our safe training boats.

TASTE OF POWERBOATING

Thrills and spills on high speed boats under strict supervision and in total safety.

KAYAKING

Develop confidence afloat, learn paddling skills with fun and games on the water!

RAFT BUILDING

Teamwork and skill required to help put your raft together and beat the other team to the treasure!

FUN NATURE TRAIL

Marlogue Wood has a network of paths gently sloping down to the sea. Teams compete and follow the clues to enjoy learning about nature whilst exploring the woods.

TEAM CHALLENGE GAMES

Teamwork, mental and physical agility help teams to win fun games.

Full details of all activities on www.sailcork.com/index.php/junior/junior



Groups are fully supervised by our team of friendly instructors at all times.



SCHOOL CURRICULUM

Experienced team delivers enjoyable junior programme for children from 4 to 12 yrs of age.

Different programmes for different age /class groups.

Activities linked to curriculum subjects - Geography, History, Science and Physical Education - in an enjoyable informative way.

Team activities, group problem-solving exercises, and physical challenges.

Pupils encouraged to adopt a healthy life-style based on enjoyment and appreciation of the outdoors.

Full links to curriculum on www.sailcork.com



WATER SAFETY

Teaching respect for the water whilst removing any fear of the water.

Pupils shown what to wear, how use the equipment, how to go afloat safely and how to avoid dangers.

Programme is suitable for swimmers and non swimmers.

SailCork provides safe, enjoyable learning afloat and ashore.



THE DAY AT SAILCORK

PROGRAMMES

Pupils participate in 6 different activities Each activity session lasts approx. 40mins.

TIMES Full day 09:30-15:30

PRICE €40 pp

THE DAY

Groups split in two - one half activities ashore - other half activities afloat.

Groups swap at lunchtime - complete the programme.

Unique mix of outdoor activities and fun afloat!

GROUP SIZE Min 20 - Max 120

LUNCH

Students may bring their own or hot food (chips, sausages, chicken nuggets, cordial drinks, all for only €5.00) available on site at Marlogue Inn.

WHAT TO BRING

Swim suit, wetsuit if you have one, towel, shorts, spare pair of old shoes, personal medications if any, sun block and rain jacket. Change of clothes and shoes in named bag. Plastic bag to bring home wet gear. Don't bring valuables!

CERTIFICATE OF PARTICIPATION

The certificate is awarded to all students.

